

# The Helmet of Minerva Described by Olivette



The Helmet of Minerva is the latest hat to be adopted by the wise Parisian beauties who have decided that the women of the twentieth century may learn something from the Goddess of Wisdom.

## TANGOS OF OTHER TIMES.

Many Weird Dances That Won the World in Former Days.

Just as the tango has now taken the dancing world by storm, so did the waltz a century ago.

There was the same outcry about it, too. Coming to us from Berlin by way of Paris, it was denounced as "this imp-

pane velvet, arranged in most original folds. It sweeps down above the forehead like the visor of Minerva's helmet in front and folds out over the classic Psyche knot of hair at the back.

In our picture you have three angles of vision and two styles of trimming for this little hat of classical beauty.

At the left is a back view, showing the

pyche of hair topped by the helmet, trim-

like the visor of Minerva's helmet in front

and folds out over the classic Psyche knot

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At the left is a back view, showing the pyche of hair topped by the helmet, trimmed in three soft fringed plumes. At the right is a profile view of the hat trimmed most appropriately with two Mercury wings, one of which follows the flare of the hat and the other of which decorates the crown. This view also shows the

strap of the helmet lying under the hair,

instead of under the chin as is our modern "Tommy Atkins."

In the middle is a front view which

has exceeded even the tango craze of 1913 in its intensity and virulence. Peo-

ple thought and spoke of little else so

that the Times was induced queru-

lously to complain that its news col-

umns remained unread, "for neither

politics nor anything else interests the

public today—only this new and all-

absorbing pursuit, the polka."

Ten or twelve years later another

new dance, the now well known lancers,

took the fashionable world by storm,

although, probably owing to the intri-

cacy of its very elaborate figures, it did

not all at once become so universally

popular as had been the case with the

waltz and polka.

The lancers were introduced to Lon-

don society by four young ladies who

were exceedingly popular at the time.

They were Lady Georgiana Lygon,

Lady Jane Fielding, the Hon. Miss

Berkeley, and Miss Olga de Lechner,

daughter of the Russian ambassador.

It was danced for the first time in a

London ballroom by these ladies and

four young gentlemen whom they had

initiated into its mysteries, at a grand

ball given at the Turkish embassy,

while the assembled company looked

on.

Among the guests at that particular

ball where Queen Victoria and the

prince consort, so delighted were

they with the new dance that they or-

dered it to be included in the program

of the state balls at Buckingham pal-

ace, where now it is never omitted.

Besides the above, there has been, al-

most from the earliest beginnings of

English dancing, a more or less con-

stant succession of what may very

properly be termed "freak dances,"

among the very latest examples being

the bunny-hug, the turkey trot, and

other similar calisthenic abominations,

mostly of American origin.

Long years ago, however, quite as

queer sounding dances of pure Eng-

lish origin, were popular over here.

How strange it would sound in a mod-

ern ballroom to hear the stewards say:

"Now, gentlemen, take your partners

for 'Lumps of Pudding.' Or to be

told to dance "Under and Over," "The

Bath," or "Up Tails All."

Yet once upon a time each of these

was a well known dance, to say noth-

ing of even more curiously entitled

ones, as, for example, "The Slaughter

House," "What a name for a dance!"

"The Ladies' Misfortune," "An Old

Man's Redful of Bones," "Rub Her

Down With Straw," and "Have at Thy

Coat, Old Woman."—London Answers.

VOLCO cleans carpets and rugs.—

Adv.

## MADAME ISE'BELL SAYS: Beautiful Hair Is a Normal Condition—With Health and Proper Care Any Woman Can Have It



LESSON XIV.

"Fair tresses man's imperial race en-  
snare  
And beauty draws us with a single  
hair."

—Pope.

**R**EALLY beautiful hair will redeem a plain face, and there is no face so perfect that it is not im-

proved by a frame of well kept, luxuriant hair. There are some cases of glorious hair that seem a direct gift from nature, they are so unusual, so out of the ordinary, but in the average case we can trace the condition of the hair to two sources, the bodily health and the condition of the scalp. This being so, there is no reason why every woman should not have locks that are attractive and an addition to her personal charms.

Color, abundance, texture and gloss determine the beauty of the hair. The color is due to the proportion of the different chemicals in the pigmentation. For instance, blond hair is rich in oxygen and sulphur, while brown hair has a large proportion of carbon. This increases as the hair turns darker, and we find that red hair derives its color from the large amount of iron in the coloring pigment. As the coloring matter in the hair follicles lessens the hair becomes faded and finally gray. As time goes on the change to white hair is aided by a deposit of phosphate of lime in the hair roots.

**Why Hair Fades and Turns Gray.**  
Fading hair is the usual preliminary to hair turning gray. It indicates some condition—perhaps ill health—that is depleting the hair follicles of the particular chemical to which it owes its brightness. If this condition is not arrested, premature grayness is the result.

Many cases where grayness is arrested by scalp massage and treatment. I have also seen cases in comparatively young women where, not only has graying hair been arrested under treatment, but the new hair has come in the natural color, showing that the coloring matter was not entirely exhausted and that under treatment and stimulation it could be restored.

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The time to arrest gray hair is in the preliminary stages, when it simply looks faded and an occasional gray hair shows. When the hair really turns white it indicates a complete change in the chemical formation, and there is no possibility then of restoring the color except by dyeing.

Hair is composed of the same elements that enter into the structure of the nails, a modification of the epidermis forming tiny tube-like depressions lying among the capillaries and sebaceous glands in the under cutaneous tissue. These depressions are termed the hair follicles and they are fed and nourished by a fine network of blood vessels that provide all elements of hair growth. Hair is constantly growing by the constant pushing upwards of the cells that are constantly forming at the roots.

**Luxuriantness.**  
This simple explanation of the hair structure shows the dependence of the hair on the nourishment provided by the blood. Any condition of ill health that interrupts or depletes this supply means thinning, falling or breaking hair. As a rule, good health means good, normal hair and ill health the reverse.

There are exceptions to this rule, for there are local and peculiar conditions that sometimes govern the growth of the hair. The oil supplied by the sebaceous glands is a strong factor in hair health; and if this supply is interrupted, the hair becomes harsh, dull, and inclined to break; if it is over-abundant, the scalp becomes oily, the pores closed, and dandruff of a peculiarly unpleasant form is apt to result.

**Why Some Men Are Bald.**

A thin, tight scalp means thin, impoverished hair. Luxuriant, glossy hair grows from a fat, loose scalp, for the reason that this cushion of flesh provides room for a plentiful amount of blood vessels and oil glands. A tight scalp, that is, one that adheres to the skull, is an abnormal condition that should be remedied by massage and friction as soon as it is perceived, for it is a symptom of approaching baldness.

You will note this condition on most bald-headed men. When the scalp is very tight and shiny, it is generally an indication that the hair follicles are completely atrophied and that there is little chance that hair will ever again grow from them.

As a rule women have fatter scalps than men. This is pointed out by some writers as a sex difference, and the true explanation as to why women have more luxuriant hair than men, and are less prone to baldness. My experience, however, leads me to believe that this difference in the scalp is of comparatively recent date, and due to man's incurable habit of over-washing his head, drenching it with agreeably smelling nostrums and wearing a stiff hat that presses tightly on the big arteries on the side of the head which feed the scalp.

It is only modern man that has lit-

tle hair. The ancient Britons were extremely proud of their abundant locks, and luxuriant, flowing hair has been highly prized by men almost up to modern times. We know that Caesar was bald, but he was so sensitive of this fact that he always concealed it by wearing a wreath of laurel.

**Causes of Insufficient Hair.**  
Nervous, anæmic people are apt to have scanty locks. Any serious illness of an eruptive nature or accompanied with high fever is generally a cause for falling hair, although this may be followed by a new crop of hair more vigorous than the first. Neglect or improper care of the scalp will result in diminished locks. Climate, even, has an effect on the hair, both severe cold and heat being inimical to it. In Lesson II I took up the effect of excessive perspiration on the hair. It must be admitted that women inhabiting a mild climate have a better chance for beautiful hair than those exposed to excessive heat or cold.

Certain functional changes in a woman's life which include cellular activity, are often accompanied with an improvement in the hair. A girl's hair begins to thicken and grow longer at fourteen and women between forty and fifty, if in good physical health, are often gratified by a distinct improvement in the hair.

**Falling and New Hair.**

The life of a hair is from five to seven years; therefore a certain falling of the hair is natural and should not cause alarm, if the scalp is healthy and new hair is pushing out at the same time. Healthy hair is firmly embedded in the hair follicles; it is said that a single hair will stand the strain of four ounces, and, therefore, there is little danger that brushing, shampooing, or even pulling the hair will cause it to fall out, if it is healthy hair. If it is not healthy, it might as well fall out today as tomorrow, for dead hair must make way for new hair. Do not hesitate to give your hair a prescribed treatment for fear that it will fall out. Only the dead hair will fall.

Also bear in mind that the scalp is very sensitive, and that scraping it or irritating it in any way may kill or uproot the tender new hairs. The use of a sharp comb, or scraping with the finger nails, may take away any amount of tiny hair roots that would otherwise grow into healthy long hair. In this lesson I have gone into the subject of hair growth and the conditions affecting it, so that you will be able to understand and appreciate the directions for hair treatment which I shall give you next week. In that lesson I shall treat different conditions of the hair and scalp and give directions for shampoo and head massage. I shall be very glad to answer any personal questions that any of you care to ask me.

—Madame Ise'bell

## HIGHLAND PARK NOTES

[Items for this column may be phoned to 233-K 2 or the State Journal office.]

Mrs. James Stevenson is visiting her daughter, Mrs. Cash Nickerson, in St. Joseph, Mo.

Miss Sadie Buell is spending a few days with relatives in Lyndon, Kan.

The Saturday Night Jumbo club will meet tonight at the home of Mr. and Mrs. A. H. Smith.

Mrs. J. Curry of California avenue is reported improving, after a serious operation.

Mrs. C. M. Crews entertained Miss Ida Bateman and Mrs. E. C. Cavanaugh at a three-course luncheon Thursday. Covers were laid for Miss Bateman, Mrs. Cavanaugh, Miss Vera Crews, Mr. Charles Crews, Master Kenneth Crews and Mrs. Crews. Mrs. O. M. Sims was a visitor in the afternoon.

The Highland Park Art club will meet next Friday afternoon at the home of Mrs. E. J. Cavanaugh, Twenty-seventh street and Swan avenue.

The Clover Hill ladies and families will have a basket dinner at the home of Mr. and Mrs. Geo. Strawn Monday, February 16.

The Y. T. C. W. will have a musical program Sunday afternoon at 3 o'clock at the Highland Park school, Mrs. Hattibelle Swan being in charge of the meeting.

The Highland Park Art club met Fri-

day afternoon at the home of Mrs. E. C. Cavanaugh. Those present were: Mrs. J. Cavanaugh, Mrs. Hendricks, Miss Bessie Sims, Mrs. Ferguson, Mrs. Ahlstrom, Mrs. Mathews, Mrs. Buchner, Mrs. E. C. Cavanaugh and Mrs. E. J. Cavanaugh.

The Chitau club met Wednesday afternoon at the home of Mrs. J. W. Ferguson. Those present were: Mrs. Curry, Mrs. Capps, Mrs. Lott, Mrs. Crews, Mrs. Oile, Mrs. Sadlemire, Mrs. Riley, Mrs. McCord, Mrs. Ahlstrom, Mrs. Mills, Mrs. Buchner and Mrs. Ferguson.

The regular monthly meeting of the A. H. T. A. No. 31 has been postponed until the next regular meeting.

The State Welfare league will give an exhibition of their work at the Highland Park school Sunday evening.

The K. K. A. gave a valentine party Thursday night at the home of Miss Jessie Parrish, Gamut and First streets. Those present were: Misses Irma Ferguson, Ruby Edgar, Ida and Louise Henley, Madge Matson, Jessie Parrish, Pearl Shaul, Helen Eberhardt, Ester Rolter, Kate Thompson, Ida Raina, Little Swan, Inez Bertridg, Messrs. J. Banta, Frank Siles, Harry Ferguson, J. mer Ahlstrom, Paul Parrish, Richard Ahlstrom, Geo. Slaybaugh, Leah Eberhardt, Myro Merie, Orrin Bertridg, Mrs. Ferguson and Mrs. Parrish were present.

**Swallowed His Tongue.**  
New York, Feb. 14.—Nicolo Chesani swallowed his tongue when he was tossed into a snowbank in an automobile collision here. Luckily for

him Dr. Charles Locke and Dr. T. S. Bridgeman were also in the smashup.

They found him choking to death and saved his life by working on him with their fingers in the throat during a blinding snowstorm. While one held his head the other managed to grip his tongue and draw it forth. However, Chesani's internal injuries may cause his death after all.

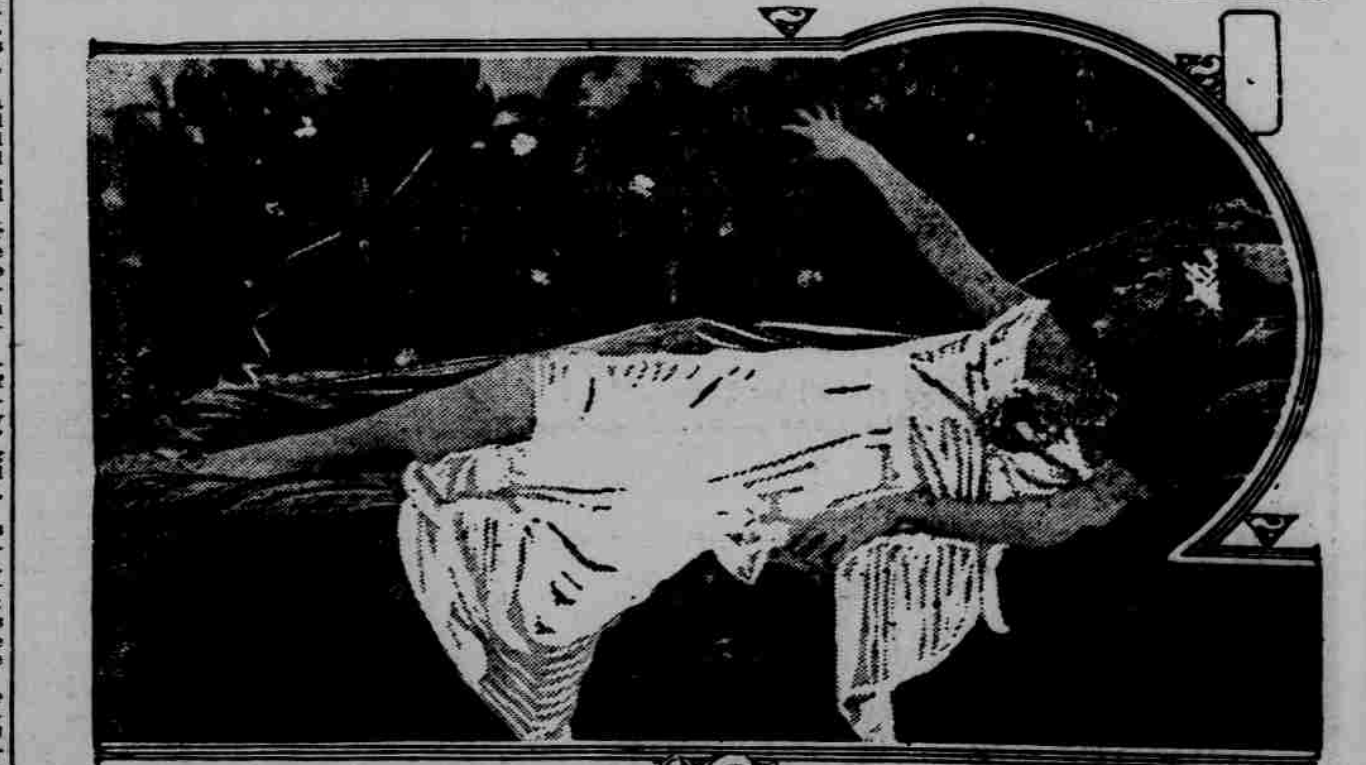
**Woman Town Marshal.**

Cheaning, Mich., Feb. 14.—Miss Blanche Ingalls, editor of the Cheaning Monitor, surprised the town councilmen today by accepting an appointment as town marshal. Some time ago the council discharged the town marshal, and when disorders on the streets began to increase, Miss Ingalls, in her capacity as editor, berated the council for its shortsighted economy. The council, at a special session, appointed Miss Ingalls, in a spirit of levity. But Miss Ingalls quickly accepted the appointment and declares she will "show 'em."

**Dr. Menninger has resumed his practice and will be found at his office at his usual hours.—Adv.**

The Prudential Trust company loans money on city property.—Adv.

## ENGLISH KING AND QUEEN GREATLY DISTRESSED OVER DIVORCE SUIT INVOLVING A COURT FAVORITE; WAS EARL INDISCREET?



Mrs. Leslie-Merville as the "Sleeping Beauty" at a recent pantomime ball held in London.

King George and Queen Mary of England are greatly distressed over the divorce suit in which Alexander Broderick Leslie-Merville asks freedom from his wife. The cause of the royal distress is found in the fact that the dissatisfied husband mentions Earl Fitzwilliam, a great favorite at the court, as co-respondent. The earl is described as being immensely wealthy, gallant and adventurous.



Left to right: Misses Audrey Johnson, Frances Miller, Anne Cennebacker and Anne Dorse.

About once a year in Washington an elaborate amateur theatrical performance is produced with local talent. This year's production is called "Columbia," and is now being given. This picture shows four of the prettiest girls who did the "radium dance," one of the features of the production. They are all Washington girls with the exception of Miss Dorse, who lives in Pittsburg.